**Welcome**

* Kids come in.
* Sign-in
* Get snack
* Coaches talk with student.
	+ Talk about; what grade they are in, what their teachers name is, would you rather questions....

**Game 1- Hot potato**

Encourage no throwing but tossing or bouncing is okay.

* **Materials**: pass the potato toy, stuffed animal

**Game 2-ping pong ball and spoon race**

* Students place a ping pong ball on a plastic spoon and race to the end point
* **Materials**: Ping-Pong balls and plastic spoon

**Discussion time**

* Get to know you.
	+ What is your favorite color?
	+ How many siblings do you have?
	+ What is your favorite food?
	+ Do you like your teacher? Why?
	+ What is your favorite part of school?
	+ What do you want to try hard at this year?

**Craft- bracelets**

We will be making wish bracelets (braided). Students can either make the 7string braid or the 3-string braid. While braiding talk with the students about what they want to get better at this year. Do they want to do better with School, be a better brother/sister, or learn how to ride a bike...

* **Materials needed**: tape, string, beads

**Game 3- spider web crawl**

String is taped across a low point and a high point in a door. Students must go through the door without touching the string.

* After Students have all gone through the door you can add more string. Adding 1 string each round until most students are out.
* **Materials needed**: painters' tape, string

**Game 4- classroom obstacle course**

* Students jump through hula hoops, crawl under chairs, kick a ball, and draw a hear blindfolded.
* **Materials:** Hula Hoops

**Review and reminder to come next week**

* Send students home with any forms
* Tell them to come next week